

GUP TERMINOLOGY

Soo Gi (Hand Techniques)



Blocks (Mahk Kee)

Ha Dan Mah Kee – Low Block

Sun Dan Mah Kee – High Block

Ahneso Pahkuro Mah Kee/Choon Dan Mah Kee – Inside Outside Block/Middle Block

Pahkeso Ahnuro Mah Kee – Outside Inside Block

Choon Dan Soo Do Mah Kee – Middle Knife Hand Block

Yup Mah Kee Hu Gul Jaseh – Side Block in Back Stance

Ha Dan Soo Do Mah Kee Hu Gul Jaseh – Low Knife Hand Block in Back Stance

Choon Dan Soo Do Mah Kee Hu Gul Jaseh – Middle Knife Hand Block in Back Stance

Sang Soo Mah Kee – Twin Fist Block

Sang Soo Mah Kee Hu Gul Jaseh – Twin Fist Block in Back Stance

Ha Dan Sang Soo Mah Kee – Low X-Block

Sun Dan Sang Soo Soo Do Mah Kee – High Open Hand X-Block

Yang Soo Mah Kee Hu Gul Jaseh – Long Block in Back Stance

Yang Soo Soo Do Mah Kee Hu Gul Jaseh – Open Hand Long Block in Back Stance

Attacks (Kong Kyuk)

Choon Dan Kong Kyuk – Middle Punch

Sun Dan Kong Kyuk – High Punch

Wen Jin Kong Kyuk – Side Punch

Toro Choon Dan Kong Kyuk – Reverse Punch

Kap Kwon Kong Kyuk – Back Fist

Kwon Do Kong Kyuk – Hammer Fist

Yuk Soo Do Kong Kyuk – Ridge Hand Strike

Pal Koop Kong Kyuk – Elbow Strike

Sun Dan Soo Do Kong Kyuk – High Chop Strike

Kwan Soo Kong Kyuk – Spear Hand

Ha Dan Kwan Soo Kong Kyuk – Low Spear Hand

Jang Kwan Kong Kyuk – Palm Strike

Jip Kae Son Kong Kyuk – Plier Hand Strike (Choke)

Yuk Jin Kong Kyuk – Reverse Motion Strike (Chop/Reverse Punch)

Sam Kwon Kong Kyuk – Three Punch Attack

